**Area: Playground Allotted: 10-15 minutes**

**Materials Needed: Matrix**

**Review Expectations:**

|  |  |  |
| --- | --- | --- |
| **Be Safe** | **Be Respectful** | **Be Responsible** |
| * **Keep hands, feet and objects to self** * **Move carefully** * **Play safely** * **Use equipment appropriately** * **Stay in designated areas** | * **Use encouraging, polite and kind words** * **Include others** * **Good sportsmanship** * **Share** * **Take turns** * **Help others** | * **Accept consequences graciously** * **Line up when called** * **Report incident to an adult** * **Take care of and return playground toys** |

**Lesson Objectives**: Students will be able to a) list the 3 B’s and each expectation, b) explain why the rules are important, c) give examples of what the rules look or sound like on the playground.

**Lesson location**: Have discussion in the classroom, then practice procedures in the hall.

**Needed Materials:** Matrix with Rules for Playground (Matrix will be posted)

Before leaving classroom: Display “Tiger Paw” (Quiet) signal. Praise/thank students who quickly imitate the signal and become silent. Remind remaining students of this expectation. Practice, as necessary.

1. During “Field Trip” at scheduled time, have students model examples of playground behaviors according to the Matrix. ***Classes will travel to specified Area at scheduled time***.
2. Briefly review the three B’s and the reasons for having the rules.
3. Say,
   1. **“On the playground what would a visitor see or hear that would show we are being safe?”**
   2. **“On the playground what would a visitor see or hear that would show we are being responsible?”**
   3. “**On the playground, what would a visitor see or hear that would show we are being respectful?”**

**Discuss and Model Positive Examples:**

* Use appropriate language
* Respect all property
* Use equipment for intended use (slide feet first, sit on swing , etc)
* Friendly elbows
* Follow the rules of the game
* Respect athletic differences
* Include all kids who want to participate

**Discuss and Model Negative Examples:**

* Stay in playground area
* Throwing rocks, snow or other objects
* Running or tag on playground equipment
* Putting others down

1. Say,  **“What were some of the ways (student) was Respectful, Responsible and Safe? Were there any important examples of being safe, responsible, and respectful on the playground that we missed?”**
2. **Remind students of expectations not stated above:**

**\*SEE SPECIFIC PLAYGROUND RULES\***

**Practice the Positive Behaviors**

**Check for Understanding**